

Chapel Road PS Winter Menu 2017 / 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	H/M Chicken Goujons Savoury Wraps Baguettes/Paninis	Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Salad	Spaghetti Bolognese Chicken Pie with Potato or scone topping. Salad, Broccoli & Carrots Mashed Potatoes	Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad Chips / Mashed Potatoes
Nov 20th					
Dec 18th					
Jan 22nd					
Feb 19th					
Mar 19th					
Week Two	Oven Baked Sausages Cheese & Tomato Pizza Baked Beans / Broccoli Creamed & Baby Boiled Potato Salad	Chicken Curry & Rice Cottage Pie Mixed Vegetables, Salad Mashed / Baked Potatoes	Roast Meat Dinner Stuffing & Gravy / Salad Dry Oven Roast / Mashed Potatoes Baton Carrots/Cabbage Wholemeal Biscuits	Oven Baked Fish Cheese / Chicken Paninis Peas / White Sauce Salad Mashed Potatoes Fruit Muffin / Fruit Custard	Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potatoes Fruit Sponge / Fruit Custard
Nov 27th					
Jan 1st					
Jan 29th					
Feb 26th					
Mar 26th					
Week Three	Spaghetti Bolognese Oven Baked Chicken Nuggets Carrots / salad Baby Boiled / Mashed Potatoes	Filled Baguettes / Paninis Oven Baked Beef Burgers & Onion Gravy Peas / Sweetcorn Mashed Potato / Salad Fruit Cookies / Fruit Custard	Roast Chicken/Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Salad Fruit Sponge / Fruit Custard	Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes Salad Fruit Salad / Yoghurt Custard	Hot Dogs Lasagne Baked Beans / Carrots Tossed salad / Coleslaw Chips / Mashed Potatoes Wholemeal Biscuits Fruit / Custard
Nov 6th					
Dec 4th					
Jan 8th					
Feb 5th					
Mar 5th					
Apr 2nd					
Week Four	Oven Baked Fish Savoury Pizza Green Beans / Mixed Vegetables Salad Mashed / Baked Potatoes Fruit Sponge / Fruit Custard	Home Made Chicken Goujons Cottage Pie Broccoli / Carrots Mashed Potatoes Rice Pudding / Fruit Frozen Yoghurt / Fruit Custard	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Turnips / Carrots Salad Fruit Crumble / Sponge Fruit / Custard	Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Mashed Potatoes / Salad Fruit Muffins / Fruit Custard	Oven Baked sausages Pasta Bake Baked Beans / Peas & Sweetcorn Salad Chips / Mashed Potatoes Flakemeal Biscuits / Fruit Custard
Nov 13th					
Dec 11th					
Jan 15th					
Feb 12th					
Mar 12th					

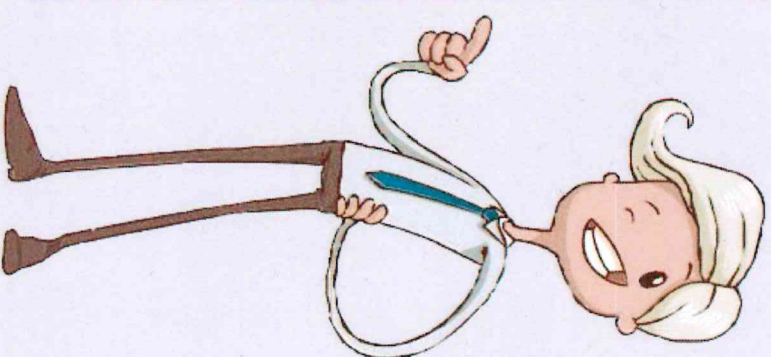
**School
FOOD**

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www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and water
are available daily.**

**If you require any
additional information on
allergens or special diet
please contact the school
in the first instance**



Try something new today