



Join us in Templemore Sports Complex, Derry; to run, jog or walk our route whilst being covered in coloured powder paint. Promised to be a fun-filled day for all age groups.

All proceeds going to local Derry-born charity, AWARE NI.

AWARE is a charity with the aim to help tackle anxiety and depression in young people. AWARE delivers mental health and well-being programmes into communities, schools, colleges, universities and workplaces.

"It's so important to raise awareness at an early age about how it's okay to talk about your feelings. It's okay to open up. It's okay to not be okay sometimes. You don't have to struggle in silence. So come join me on Saturday 9th July at 12PM at the Complex for a day full of fun, laughs and A LOT of colour!" - Adam B.

TICKET ONLY EVENT Everyone on the day will need a ticket to enter the premises, tickets can also be purchased on the day. £10 per person/child. One ticket covers one individual, it does not cover all family members (including children).

About the run:

The course: Participants make their way around a 2km course, while being showered with brightly coloured powder paint by volunteers.

Who can take part: It's an event for all the family, with an emphasis on fun over athletic prowess, however there will be a prize for 1st, 2nd and 3rd place! But if running isn't your thing, it's fine to walk!

Extras: Every registered participant gets an 'Adam B Colour Run' T-shirt.

Spectators Welcome: Come along and cheer along the participants. You can even purchase colour packets to throw!

SCHOOLS: Pop your school name in the Company text box on the registration form, the school with the most pupils attending will receive a Meet & Great in the new school year with AdamB himself!

There will be local vendors in attendance, food, fun and lots of activities!

(If you're a local vendor and would like to be a part of the event please contact: ceeva@adamb.co for further details)

You can get your tickets at <https://bit.ly/3ndGAc8>